

COOKERY

CLASS 22 JNR BAKERS Under 18

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VAS Junior Boiled Fruit Cake

A competition for junior cake bakers aged under 18 on the day of their local show/ field day

Recipe

Ingredients

- 375g mixed fruit
- ¼ cup brown sugar
- 1 teaspoon mixed spice
- ¼ cup water
- 125g butter
- ½ teaspoon bicarbonate soda
- ¼ cup sherry
- 2 eggs, lightly beaten
- 2 tablespoons marmalade
- 1 cup self-raising flour
- 1 cup plain flour
- ¼ teaspoon salt

****PLEASE NOTE:**

The VAS recipe is compulsory for all entrants to be eligible for this section

Edenhope prize: \$5

Method

Place the mixed fruit, sugar, spice, water and butter in a large saucepan and bring to the boil

Simmer gently for 3 minutes, then remove from stove, add bicarbonate soda and allow to cool

Add the sherry, eggs and marmalade, mixing well

Fold in the sifted dry ingredients then place in a greased and lined 20cm round cake tin

Bake in a moderately slow oven for 1.5 hours or until cooked when tested

Naracoorte Seeds

The Seed Professionals



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